



ANNUAL REVIEW 2018



Empowering people with learning disabilities

UNDERSTANDING LEARNING DISABILITY

- A learning disability is a reduced intellectual ability which affects someone for their whole life.
- People with learning disabilities may need support to develop new skills, understand complex information and interact with other people.
- The level of support depends on individual factors: for example, someone with profound learning disabilities may need high levels of support.
- Someone with a learning disability may also have physical disabilities.
- Learning disability is often confused with mental health problems. These can affect anyone at anytime and may be overcome with treatment; this is not true of learning disability.

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ABOUT US

- Our mission is to empower children and adults with learning disabilities to get their voice heard, reach their potential and be included in their local community.
- We seek to promote their wellbeing and development in all areas of their lives as well as supporting their families and carers.

As a person-centred, independent charity we provide advocacy for individuals and families, and our projects offer play opportunities for younger children, peer support and skills development for young people and adults, and a range of inclusive activities.

We also campaign for improved access to key services such as housing, health and social care.



CHAIR REPORT



'Against the tide, but going strong...'

As our CEO Teresa says in her report "there is no stopping us now" and this is much to do with her drive and leadership. Keeping our local charity working well, so it is both paying its way and is compliant with all that is legally required is not easy. On top of that we have great ambitions to provide increased opportunities for our service users and activities that allow carers to have more time for themselves.

Although Teresa and her staff do the lion's share of the work, it is important we have an effective trustees board. We have lost two key people recently Melanie Carlebach and Tony Chambers and we need to recruit replacements.

To Tony and Melanie we are grateful for all you have done for us. There is a list of trustees later in this annual report. My thanks to them all.

Nationally Mencap has been going since 1947 (and in H&F over 40 years) Yet the impulse that started the movement, the needs of families to get better and then any education and support is still there.

The numbers of people with learning disabilities is increasing, medical science saves more lives and people are living longer. Nothing is guaranteed for adults in terms of support. Statutory provision is often good, but usually needs heavy

lobbying before it is delivered and less confident families often get a second rate deal.

So we provide support ourselves and try to help individuals and families get the services they need to live quality lives. We are proud of what we do. Our work is vital.

We might need a change of name, which we must leave to consultation, but we retain the same ethos that gave birth to us 71 years ago.

Julian Hillman
Chair of Trustees

CHIEF EXECUTIVE'S REPORT



'Ain't No Stopping us now!!'

Reflections

It has been a truly exciting year with major successes and improved financial stability.

Across all of our services and projects we have supported people with learning disabilities to be valued, treated equally, listened to and included in our local community.

Our aspirations and ambitions have been high and thanks to a creative, committed and enthusiastic staff team we have made great progress in the development of the organisation and the opportunities that we offer to our clients.

We aim to continue to change attitudes, and improve the lives and choices for people with learning disabilities and their families by campaigning alongside them to create a better future for all.

HF Mencap is a significant force within the borough, ensuring that children and adults with learning disabilities and their families have a strong voice influencing decision making locally and nationally. We work with almost 700 families and service users and provide a variety of support to parent/carers and their disabled children from birth to old age.

We believe that we are making a significant difference by being lead by clients/service users and their families.

In this review, you will read many individual stories from service users/clients and the impact that our support has made to people, in terms of their personal growth and development. Progress has been made due to people having greater access to innovative opportunities and experiences provided by HF Mencap. The changes to individuals and their families have been significant. We will continue to listen to people with learning disabilities

CHIEF EXECUTIVE'S REPORT

and campaign with them to access their rights, challenge disability hate crime and ensure that they are treated as equal active citizens.

Some of this years Highlights

This year there have been many changes and exciting developments and here are some of the highlights:

The My Life Team have continued to develop our well established short breaks service which has offered unique opportunities for people with learning disabilities and complex needs to access adventures across the UK and Ireland. The feedback about this service has been overwhelmingly positive.

Our play provision for disabled children and their siblings in an inclusive setting has been a wonderful success. It is so very important to offer this opportunity for disabled children to experience more adventurous play to develop their physical and social skills.

Over the past year SNPF have been working with members of the 'Disabled People's Commission' to ensure that services are commissioned for, and by, disabled people themselves. This has been a very welcome development by all disabled people in the borough enabling people to co-produce services, to ensure future services are accessible and inclusive to all.

The Learning Disability Partnership Board representatives are making positive changes in policy around housing and health and involving local people with learning disabilities in all consultations, campaigning for change.



CHIEF EXECUTIVE'S REPORT

Looking to the Future Developments

We are in the process of developing our new strategy 2018 - 2022 listening to what our client/services users and families tell us. We will continue to be ambitious on behalf of, and with, our clients and our main priorities in the next year are to:

- Develop our offer of services to expand into Respite/Short Breaks to enable local residents more creative choice.
- Develop employment opportunities and are working towards this in the next six months.
- Re-launch the Carers Coffee Mornings into a more focussed

forum providing information/ training and support for Carers.

- Further develop our excellent training and personal development opportunities to our great staff team.

Thanks

A big thank you to the skilled and talented staff team for development of all the projects and services offered and their hard work and commitment to ensure that the service users' have their voice heard. Thank you to Julian and the Trustees for all their continued support and commitment.

Thank you to all our funders, donors and individual fundraisers who have given us so much support for which

we are very grateful, to carry on the work we are doing, and enable us to achieve so much.

Finally, as always, a massive **THANK YOU** to all the service users, carers and families who are the inspiration for everything we do and the reason why we are here. We all look forward to another successful year ahead.

We are incredibly excited to further expand our organisation and look forward to the coming year to offer more choice and great opportunities. There is no stopping us now!!!

Teresa McGinn



CHILDREN'S SERVICES

EARLY SUPPORT

Supporting each child's development and the family's wellbeing is at the heart of what we do.



This year has seen a number of changes that have had or will have a positive impact on families with disabled children. After many years of campaigning the Local Authority opened the Stephen Wiltshire Centre for disabled children, this is intended to be a 'one-stop shop' for parents, offering an Integrated Key Worker service for families, venue for training etc and offers of short breaks for disabled children aged up to 18.

Hammersmith & Fulham returned to being a sovereign borough and consequently SEND services ceased to be part of the Triborough. Many parents had struggled with the

Triborough, the constant change of structure and professionals had led to confusion and delays. The new structure being rolled out locally should offer a more integrated and holistic approach to families, from the point of diagnosis and through young people's transitions to Adult Services

Although these changes are positive as mentioned Early Support (Keyworking) was taken back into the LA and as result the funding to HFMencap ceased and we had to say a sad Goodbye to Dominika who had worked with us for 8 years. Her passion for her work,

commitment to the families she supported and to HF Mencap is greatly missed.

We were delighted to receive funding for a new post of Transitions Practitioner and welcomed Kathleen who in partnership with CAMHs works with young people with a learning disability and/or autism and mental health issues to support their pathway to adult services.

Amanda Roles



PLAY PROVISION

The inclusive play schemes for disabled children and their siblings aged 5 - 13 led by Tracey Byrne and her staff have continued to be successful. Both the Saturday Club and Holiday Programmes have moved from the Adventure Playground and are based at Cambridge School. We decided to make this move after conducting feedback forums with the children and their families to explore how to further develop the play scheme.

The children wanted to have more opportunities for skills progression and physical activity. Cambridge School has a sensory room and garden which provides the children with a 'chill out' area, the school also

has cooking facilities, meaning that they discovering a love for baking and cooking. The children get to spend a lot of time out in the community.

This year we have enjoyed a range of community activities such as going to a water park, cycling using accessible bikes, picnic's in the park, swimming, going to the cinema, bowling, crazy golf and shows at the Lyric.

The children enjoy a wonderful day trip to Margate in the summer. Again parents have praised the staff who seem to manage behaviours in some children others find difficult and are always willing to be flexible and

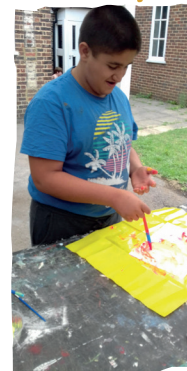
supportive of the children and their families. A number of the children are supported using public transport or are collected from home with a member of staff, other children and our student volunteer who also has a learning disability. The children really love being collected and dropped off together and it has had a very positive impact on developing friendships and confidence in the community and on public transport.

The staff get to know the children very well so are able to step in and support parents at meetings and signpost to other organisations.

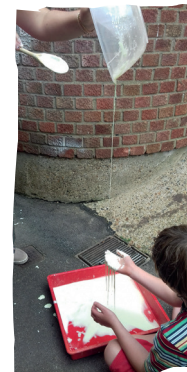
PLAY PROVISION

The Disabled Children's Team are also full of praise for the play team

“ Many thanks once again for the wonderful work that you are doing with T and other children in my team. Your contribution is been really appreciated. ”
Social Worker DCT



“ My daughter who could not stand water, has grown and flourished over the past year, Tracey and her team have empowered her by using water play, she now enjoys swimming and even wants to go on holiday. ”
Parent



Tracey Byrne

PARENT/CARER ADVOCACY

Parent/Carer Advocacy

Advocacy has been provided to 35 families this year on a range of issues, including education, social care and housing with the latter still the most problematic. A number of families we support have more than one child with SEN and this can be doubly challenging for the parents as they will need to be aware of services/schools available for different disabilities and ages and have to attend several meetings, complete numerous forms for each child.

We have also supported a number of parents who have mental health issues and it is extremely important that more time is spent with them to ensure that they understand and

have trust in the professionals and provision available to them and their children.

The advocate also represents HF Mencap on a number of strategic boards to raise parents' concerns and highlight gaps in services which can lead to positive developments with improvements and an increase in services for disabled children and their families.

The Advocate, Transitions Practitioner and Parentsactive Lead ran a very successful conference on transitions to adulthood attended by over 100 parents and professionals with 4 separate workshops, on social care & support services, health, further education, employment

and internships. The conference highlighted how timely and accurate information is key for young people to make a positive transition to adult services.

“ Thank you so much for your support! ”

“ Thank you for meeting with me regarding my housing and life in general, grateful to you for listening to my complex situation and how understanding you were. ”

Parent

HF **mencap**
Advocacy

PARENTSACTIVE

This year Parentsactive is proud of the following

- Managing the Local offer champions post in partnership with the local authority, our Chair Mary and Committee member Alison is our local offer champions, they will be promoting and auditing the local offer website www.lbhf.gov.uk/localoffer
- Our ever increasing membership
- Parentsactive Coordinator Nandini's nomination as a finalist for "Outstanding contribution to the life of the Borough" at the inaugural Hammersmith and Fulham civic awards held on March 1st
- Our continued presence in Children Education Policy and Accountability committee (CEPAC) as non-voting member (Nandini), SEND Inclusion Board (Nandini and Mary), Transition and Learning disability board (Gina), Parks and access (Hayley) with valuable contributions from our other committee members Ageno Debbie Jasmine Marie, Martin and Sarah



PARENTSACTIVE

Here is what the local authority has to say about Parentsactive:

‘Hammersmith and Fulham Council SEND service highly values its partnership work with Parentsactive, through which we aim to ensure that provision of services and support for children with SEND are co-produced and responsive to the needs of local children and young people with SEND, their parents and carers. The recent opening of the Stephen Wiltshire Centre for Disabled Children and their families represents the great success of this partnership. Parentsactive have been fully involved in the design of the centre and will continue to mould the offer at the centre through being leads on the steering group. This

year has seen significant changes in the delivery of SEND services in Hammersmith and Fulham, with the return to local delivery through the ending of the Tri-Borough shared service. Parentsactive have been fully involved in the recruitment of all key staff to this service. This year we will continue to work closely with Parentsactive in all areas of SEND, with a focus on support for children in mainstream school and with a shared goal of supporting inclusion in all areas. We welcome the Mainstream Survey which will form the basis of our co-produced action plan on inclusion.’

Mandy Lawson

Assistant Director SEND and Disabilities

The Local Offer Parent Champions have reinforced our experience that working with parent/carers develops stronger working relationships and a shared view of priorities. Parentsactive have been central to all our work on developing the post 16 curriculum and employment pathways. They have helped us to further understand how we can improve transition from school and ensure young people with SEND are supported at each stage of their journey into work and respected as individual.’

Jo Baty

Head of Local offer and SEND Provision



YOUTH & ADULT SERVICES

YOUTH AND ADULT SERVICES

We have many successes to celebrate within Youth and Adults services this year.

Firstly the immediate commitment Kirstin Jamieson has put into the "Youth Development Project" producing a buffet of sessions under one heading. HF Mencap have been awarded funding from both Children in Need and Henry Smith to provide this service for the next 3 years, we can't wait to see the benefit and support this service will provide to our young people over this time. Secondly we have seen many changes with our support service "MyLife Out and about" managed by Amanda Davis. Due to the continued demand for high quality person centred support we have seen our referrals continue

to flood in from Hammersmith and Fulham residents and our neighbouring boroughs. MyLife now have 2 additional members of the management team (Manuel "Lolo" Moncayo and Matthew Dix) ensuring standards of our support are exceptional and our policies and procedures and back office practices are also remarkable. A main investment this year and ongoing is all our staff and their personal development within our organisation, we have stepped up all our training resources and offered care certificate qualifications to all our contract staff, leading to the highest quality of service. MyLife has also provided a short breaks service for the 3rd year running, this year offering 12 trips.

We as ever want to make sure our services are unique and are forever evolving with the current landscape and the aspirations of our clients. We have many exciting services planned over the next year that we can't wait to share with you. Watch this space.



Dean Ashby

Director of Business
Development & Operations

YOUNG PEOPLE'S TRANSITION PRACTITIONER

It has been an exciting first year for the Young People's Transitions Practitioner pilot project. We have been supporting young people, aged 14-25, who have autism spectrum disorder and/or a learning disability and have also had input from Child and Adolescent Mental Health Services (CAMHS), to think about successfully transitioning into adult life.

The aim of the service is to provide person-centred support and to hear from young people about what is important to them, both now and in the future, and help them think about how they can achieve these goals. It has been lovely to see individualised goals, ranging from accessing the gym, to travelling independently, to getting into university, and to help

young people think of their adult life as a whole, rather than simply what services they will be accessing. We are very pleased that the pilot project has proved successful and that young people and their families feel it is beneficial and worthwhile. We look forward to an exciting year ahead.

“ The work we have done has made me more at ease as before (the transition from me leaving college to go into university) I felt like I was lost. There were loads of things that were put aside, delayed, or abandoned simply because my college didn't help me fully to transition. Now, doing the work with the Young People's Transitions Practitioner, has helped me sort things out and have more of a structure and I have less anxiety. ”

Young Person

“ ...having someone to listen to me and point me in the right direction. ”

Parent/Carer

“ The transition was much better with the help of the transition practitioner . ”

Parent/Carer

“ I feel like I am now in safe hands. ”

Parent/Carer



YOUTH DEVELOPMENT PROJECT



Preparing yourself for the future

The Youth Development Project is the new and exciting transitions programme for young people aged 13-25 with a learning disability. We run summer and half term holiday programmes which include activities in our centre and fun days out.

We also run skills development workshops during term time which aim to encourage building confidence, independent living and self-advocacy. Our steering group, made up of young people, meets once a month to give vital input into our services.

Kirstin Jamieson

Youth Transitions Coordinator

One of our fun
filled weeks
from our summer
programme!

Fun summer day
out - playing giant
chess at Holland
Park.

First Aid
Workshop –
learning new
skills at our
activity centre.

YOUTH DEVELOPMENT PROJECT

What do we offer?

We offer an exciting range of workshops and activities to help you develop the skills necessary for independent adulthood. These include:

Skills Development – Workshops including interview skills, independent living skills and computing skills. These will help you develop a wide skill set and improve confidence and communication.

Social Activities & Inclusion – Take the chance to meet new friends and explore social settings whilst having fun in the evenings and at the weekend.

Self-Advocacy & Promoting Leadership – Engage in activities

which will encourage your confidence and control over your decisions and future choices.

Steering Group – Our steering group is made up of young people who want to have their say! We meet once a month to help improve and guide our service.

School and college workshops – We deliver fun and interactive workshops in schools and colleges which will help young people to think independently, become a conscious creator and gain awareness of your choices and future.

Fun Holiday programmes – Running throughout the summer and half

terms, this is a time to learn, socialise and have fun! Includes trips and outings to places such as Brighton, London Zoo and Hyde Park.



YOUTH DEVELOPMENT PROJECT

We are excited for the future of our new project and welcome existing HF Mencap members as well as new ones!

Goals and aims over the next year include:

Providing more term time workshops and activities so young people gain more skills development and have more to experience and enjoy.

Increasing social inclusion and decreasing social isolation – we want to engage with the community as much as possible and encourage our members to participate in new and different activities.

Encouraging greater co-production

- meaning that it's our young people driving our project and creating a programme which is meaningful to them.

I am looking forward to the Youth Development Project growing bigger and better and including more and more young people over the next year!

To come to any of our summer events, call/email Kirstin or come into our activity centre and book in

Preparing yourself for the future: ages 13-25 years

HF **mencap**
Youth
Development
Project

	Monday 6th August	Tuesday 7th August	Wednesday 8th August	Thursday 9th August	Friday 10th August
When	10:00 - 11:00 11:00 - 12:00	10:00 - 11:00 11:00 - 12:00	10:00 - 11:00 11:00 - 12:00	10:00 - 11:00 11:00 - 12:00	10:00 - 11:00 11:00 - 12:00
What	Swimming	Yoga	Pool Tournament	Big Day Out Trip to Brighton	Social Evening Meal out
Where	Meet @ Activity Centre	Activity Centre	Activity Centre	Meet @ Activity Centre	The William Morris
Cost	£2	£2	Free	Must book in advance: Bring packed lunch and water.	Bring money for meal & drinks

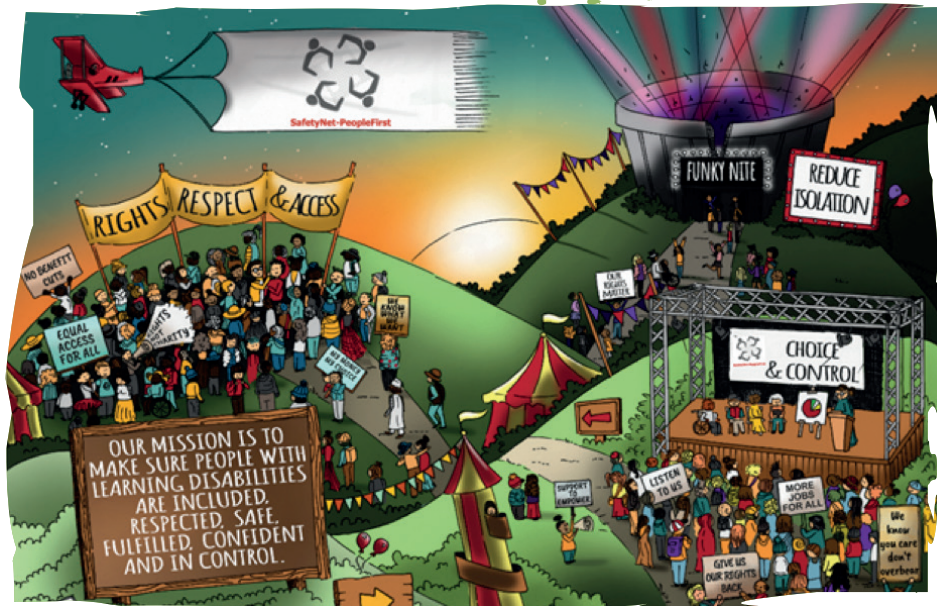
65 Asperlee Road, London, W9 8LH

TEL: 02087485168

Email: kirstin.juriscione@hfmenicap.org

www.hfmenicap.org

SAFETY NET PEOPLE FIRST



Safety Net - People First is a Disabled People's Organisation. This means we are an organisation run by people with learning disabilities - the only one in Hammersmith and Fulham.

We make sure people with learning disabilities are included, respected, safe, fulfilled, confident and in control.

Self-advocacy

We ran self-advocacy meetings and represented people who are not able to speak up for themselves. We trained people on topics including personal safety, assertiveness, rights and budgeting.

Social opportunities

We developed the Socialise project, running social events and the popular 'Funky Nite' - an inclusive club night.



SAFETY NET PEOPLE FIRST

Running campaigns

We delivered hate crime awareness training, attended a protest about welfare benefit cuts and appeared in council posters encouraging disabled people to vote.

Training professionals

We trained Police staff and received an award from Royal Holloway University for training psychologists.

We worked with the Disabled People's Commission. Our Chair, Martin Doyle, was appointed as a Commissioner. The Commission made eight recommendations which will make Hammersmith & Fulham the most accessible and inclusive borough in London.

Safety Net - People First is run by a dynamic board of trustees. The trustees worked hard to build their skills in running the organisation, with training from Inclusion London. We are working to become a fully independent organisation.

In March, Hana Smeeth, our Coordinator, moved on to other work. A big thank you to Hana for all her work - we really appreciate it.

Safety Net - People First

Speak up for yourself and take control!

We are a self-advocacy organisation run by disabled people for disabled people, based in Hammersmith and Fulham. We want to make sure people with learning disabilities are included, respected, safe, fulfilled, confident and in control of their lives.



020 8748 5168



safetynetpeoplefirst14@gmail.com



Find us at:

Pryors Bank
Pavilion, Putney
Bridge Approach,
Bishops Park
London SW6 3LA

Buses that stop
here are: 220 from
Hammersmith
station, 430 & 74
from Lillie Road

ADULT ADVOCACY SERVICE

HF Mencap's Adult Advocacy Service has continued to provide issue-based advocacy to people who need support in speaking up about the issues affecting their lives. Along with our partners at Action on Disability Advocacy Service and Mind, we continue to provide Care Act Advocacy to ensure that people are fully involved in their reviews, assessments and fully represented and supported in any safeguarding situations.

We continue to provide advocacy specifically for people with a learning disability and complex needs who are unable to instruct an advocate. We use recognised approaches to non-instructed advocacy to ensure that people's rights, perspective and preferences are considered when decisions

are being made about their lives. This can be especially important for people who live in residential settings who have no family or friends to provide an independent view.

We have helped make sure that people have their voices heard around issues such as where to live, their care and support packages, access to educational leisure, and social activities, and housing difficulties.

What people have said about our service:

“ (my advocate) helped everybody listen to me ”

“ I can speak to you because I

know you but it's hard to trust other people. ”

“ You're there to express my views and help me fight for my rights... I sometimes find it hard to say what I mean. ”

“ (The advocate) took time to find out (person's) likes and dislikes, helped her to reconnect with friends, (and helped with) equipment being installed....sometimes it needs that second voice ”. – relative of client with complex needs.

“ (our son) is better equipped to face (transition) than he was when (the advocate) started working with us ” – parent of a client with complex needs Verity Twombly and Ruth Trenery - Leach

LEARNING DISABILITY PARTNERSHIP BOARD

The Hammersmith & Fulham Learning Disability Partnership Board Representative have been very busy this year meeting with people with learning disabilities.

We have consulted with many people to find out their views on important topics including:

Better access to healthcare, making sure all health staff make reasonable adjustments to provide the best possible healthcare to people.

We have been involved in the National 'Treat Me Well' Campaign lobbying local hospital to improve their services to people with learning disabilities.

More opportunities for people with a range of needs to access better and accessible housing. We have continued to campaign for improve floating support and better housing options for people with complex.

We are also consulting and meeting with a range of people with learning disabilities to find out what kind of paid jobs and volunteering opportunities that people would like to developed in H&F.



Samantha Johnson John Wood
Partnership Board Representatives



Faisal Yusuf
Partnership Board Representatives

COMMUNITY EVENTS

This year we celebrated Learning Disability Week in style with our first summer fete. The fete was great family event and attended by service users of all ages, parents and carers, staff and trustees and local commissioners who all thoroughly enjoyed themselves. We had a range of fun stalls and games, yummy food, a bouncy castle, face painting, sensory activities and even a dance workshop.

HF Mencap have had a busy year, meaning we have been limited in our individual fundraising opportunities. In 2019 fundraising will be a central focus and we will be creating service user centred events. These events will

provide fundraising opportunities as well as also providing fun and unique socials occasions for individuals' and their families and carers.

We are excited to announce that we have launched our social nights. These events have been created through feedback from our clients.

Our clients wish to have the same chance as everyone else to go out on a Friday night and hangout with their friends. The social nights will be run jointly by the My Life Team and the Youth Development Project and aims to decrease social isolation and increase community awareness.



MYLIFE OUT AND ABOUT

MyLife Out and About.

Wow, what a year 2018 has been! MyLife has boarded the short break bus and ventured all over the UK (and Ireland)! From a city break in Dublin, thrill seeking at Chessington, to a weeklong Narrowboat trip along the Basingstoke canal and more, HF Mencap have done it all!

HF **mencap**
**My Life: Out
and About**

*The boat trip was my favourite,
I want to do it again!*

Paul

*Having a break from
home and enjoy all
the new foods!*

Jamal

*I love all the new things I
get to try and places I get
to go to!*

Akshay

*I had fun on all the fast rides
and being with my friends
at Chessington!*

Zoe.S

MYLIFE OUT AND ABOUT

Our short breaks are a great way to have fun, relax and experience new and exciting things. We love to push the barriers, and have no boundaries to what experiences we can offer! The bigger and more daring, the better! We believe everyone should have the right to time away from their day to day lives to rejuvenate, and people with a learning disability should be no different! We've just released our 2019 Short breaks boat, which is jam packed with 12 new exciting trips, and cannot wait to set sail on new adventures, all across Europe!

Adventure is out there!

Month	Dates	Activity	Price
January	21 st , 22 nd , 23 rd , 24 th , 25 th	Winter cottage break	£750
February	13 th , 14 th , 15 th	Newcastle	£400
March	10 th , 19 th , 20 th , 21 st , 22 nd	Pontins	£550
April	11 th , 12 th	Thorpe Park	£280
May	24 th , 25 th , 26 th , 27 th , 28 th	Narrow boat adventure	£910
June	24 th , 25 th , 26 th	Blackpool	£400
July	17 th , 18 th , 19 th	Kingswood	£450
August	21 st , 22 nd , 23 rd	Bournemouth	£410
September	18 th , 17 th , 18 th , 19 th , 20 th , 21 st , 22 nd	Viaje de Aventura! 1 week Spanish adventure	£2120
October	14 th , 15 th	Legoland	£330
November	19 th , 20 th , 21 st , 22 nd	Cornwall Farmhouse	£1000
December	10 th , 11 th	London theatre and West end	£350

Twitter: @hfmencap | Facebook: hfmencap | 65 Aspinall Road London W6 8LH | 0208 748 5188 | info@hfmencap.org | www.hfmencap.org

HF mencap | Short Breaks 2019

MYLIFE OUT AND ABOUT

We pride ourselves on providing unique, high quality, person centred support, and put our clients at the heart of all we do! We believe in empowering, and encouraging clients to achieve their goals, and live life to the fullest every day. We're forever listening to our clients and offering a varied menu of activities in our activity centre and out in the community 365 days of the year!

Our support can range from 1:1 to 5:1, and is inclusive to all needs.

Working out of 5 boroughs, means our client base has expanded this year, and also our staff force.

Therefore, we are looking into options for a second building, to facilitate our ongoing success!

We've also excitingly expanded our management team, and I'm happy to announce that Manuel Moncayo and Matt Dixx are doing an amazing job supervising the day to day running of our support service, and ensuring that our clients are being provided with the most interactive, bespoke support possible!

We can't wait to see what new adventures 2019 brings!



Amanda Davis
MyLife Manager



Manuel Mancayo
(Lolo)
My Life Supervisor



Matt Dix MyLife
Supervisor

MY LIFE OUT AND ABOUT



BUSINESS DEVELOPMENTS AND FUTURE OPERATIONS

Hammersmith and Fulham Mencap have enjoyed continued grant successes matched with the achievements of our support and short break services over the past year.

As a local grass roots charity we need to constantly search for new and exciting ventures, which benefit our community but also provide funds to allow us to offer essential projects and services to our client base. After consultation with our clients, families, staff team and members we have identified our key focuses for 2018-2019.

Key areas of focused development:

- Overnight support
- Children's support services
- Community engagement
- Preparing for independent living
- Employment services
- Multiple site occupancy

We are committed to developing operations which reflect what our clients want and need, resulting in a positive impact in their lives. If you would like to know more please contact us



Dean Ashby

Director of Business Development and Operations



Rebecca Bone

PA to C.E.O and MyLife Manager

FINANCE: 2017-2018

APRIL 2017 TO END MARCH 2018

INCOME

Donations and legacies	3,057
Grants	335,501
Individual budgets and direct payments	760,312
Contribution from serviced office rent income	111,988
Investment Income	0
Total Incoming Resources	1,210,858
2017 income total	739,661

EXPENDITURE

Cost of generating voluntary income	216
Charitable activities	1,116,218
Governance costs	5,400
Total expenditure on charitable activities	1,121,834
2017 expenditure total	844,509

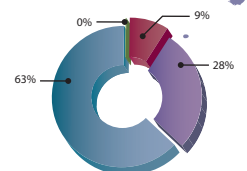
RESERVES

Unrestricted Funds	218,718
Restricted Funds	3,939
Total Reserves	222,657
2017 reserves total	133,633

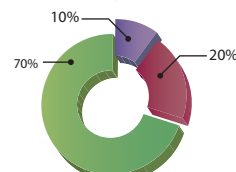
This year we received an income of £1,210,858 to cover our core costs and to support existing and new projects. We spent £1,121,834 over the same period resulting in a surplus of £89,024. This has been a year of continued growth for the charity achieved primarily through the expansion of our community based day service "My Life". We have been

INCOME APRIL 17 TO MARCH 18

- Donations and legacies
- Grants
- Individual budgets and direct payments
- Contribution from serviced office rent income
- Investment Income

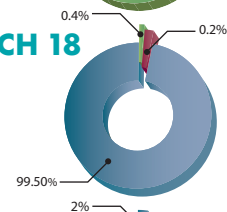


- Support for families and for teenagers leaving school
- Projects for adults: self-advocacy and social lives
- Providing general advocacy and management



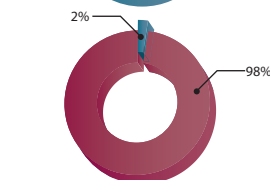
EXPENDITURE APRIL 17 TO MARCH 18

- Cost of generating voluntary income
- Charitable activities
- Governance costs



EXPENDITURE 31 MARCH

- Unrestricted Funds
- Restricted Funds



able to reduce the level of shared service costs allocated to charitable activities through increased contributions to building costs from other charities and third parties. These factors have helped us to continue building our reserves for the future.

TRUSTEE'S AND SUPPORT STAFF

TRUSTEES

Jonathan Caleb-Landy
James Allsop
Anna Docherty
Julian Hillman
Samantha Johnson
Elizabeth Ryland
Richard Shaw

SUPPORT STAFF

Adesina Onibokun
Amanda Davis
Annette Pope
Beata Skora
Craig Welsh
Dawn Hyett
Dennis Augustin
Eden Smith

Ellie Price
Emma Byrne
Fabiana Alexander
Hanna Abovzeid
Jake Moore
Jesus Parada
Julia White
Karen Obee
Kerry Sie
Lana Dyer

Leanne Green
Marcella Herman
Natasha Webley
Pablo Perez
Priyanka Kunwar
Rebecca Dent
Sara Nelder (nee
Gentle)
Sonia Ali
Tracy Hazel

FUNDERS



Department
of Health



BBC
Children
in Need

The
Henry Smith
Charity

founded in 1628

Hammersmith
United Charities



LOTTERY FUNDED



NHS
Hammersmith and Fulham
Clinical Commissioning Group



JOHN LYON'S CHARITY

Hammersmith and Fulham Mencap is a charitable company limited by guarantee, registered in England & Wales under company number 08155144 and registered charity number 115 0840

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